

| Team | Date | Location/Team | Time | Type |
|---|------------|------------------------------|-------------|---------------|
| U9 MIXED | | | | |
| Under 9 | 01/10/2017 | Brecon - Christ College | 10:00-13:00 | Outdoor |
| Under 9 | 29/10/2017 | Whitchurch | 10:00-13:00 | Outdoor |
| Under 9 | 12/11/2017 | Rougmont | 10:00-13:00 | Outdoor |
| Under 9 | 26/11/2017 | Abergavenny | 10:00-13:00 | Outdoor |
| Under 9 | 10/12/2017 | Swansea | 10:00-13:00 | Outdoor |
| Under 9 | 14/01/2018 | Bishopston School Swansea | 10:00-13:00 | Indoor |
| Under 9 | 11/02/2018 | Bishopston School Swansea | 10:00-13:00 | Indoor |
| Under 9 | 04/03/2018 | Cwmtawe | 10:00-13:00 | Outdoor |
| Under 9 | 25/03/2018 | Hawthorn | 10:00-13:00 | Outdoor |
| Under 9 | 21/04/2018 | Whitchurch | 10:00-13:00 | Cup - Outdoor |
| U11 GIRLS | | | | |
| Under 11 | 24/09/2017 | Hawthorn | 10:00-13:00 | Oudoor |
| Under 11 | 08/10/2017 | Stanwell School | 10:00-13:00 | Oudoor |
| Under 11 | 22/10/2017 | Pencoed | 10:00-13:00 | Oudoor |
| Under 11 | 19/11/2017 | Abergavenny | 10:00-13:00 | Oudoor |
| Under 11 | 03/12/2017 | Hawthorn | 10:00-13:00 | Oudoor |
| Under 11 | 14/01/2018 | Stanwell School | 10:00-13:00 | Oudoor |
| Under 11 | 28/01/2018 | Y Pant School | 10:00-13:00 | Indoor |
| Under 11 | 25/02/2018 | Bridgend Leisure Centre | 13:00-16:00 | Indoor |
| Under 11 | 11/03/2018 | Pencoed | 10:00-13:00 | Oudoor |
| Under 11 | 15/04/2018 | Swansea | 10:00-13:00 | Cup - Outdoor |
| U13 GIRLS | | | | |
| Under 13 | 01/10/2017 | Rougemont | 11:00-13:00 | 7 a-side |
| Under 13 | 15/10/2017 | Swansea - Away | 10:00-11:00 | 11 a-side |
| Under 13 | 29/10/2017 | Whitchurch A - Home | 11:00-12:00 | 11 a-side |
| Under 13 | 12/11/2017 | Penarth - Home | 11:00-12:00 | 11 a-side |
| Under 13 | 26/11/2017 | Gwent - Away | 10:00-11:00 | 11 a-side |
| Under 13 | 21/01/2018 | Whitchurch | 11:00-13:00 | 7 a-side |
| Under 13 | 04/02/2018 | Whitchurch | 11:00-13:00 | 7 a-side |
| Under 13 | 04/03/2018 | Pencoed | 11:00-13:00 | 7 a-side |
| Under 13 | 18/03/2018 | Hawthorn | 11:00-13:00 | 7 a-side |
| Under 13 | 25/03/2018 | Cup Qualification - Swansea | N/A | 7 a-side |
| U15 GIRLS | | | | |
| Under 15 | 01/10/2017 | Gwent - Home | 11:00-12:00 | 11 a-side |
| Under 15 | 15/10/2017 | Bridgend - Home | 11:00-12:00 | 11 a-side |
| Under 15 | 12/11/2017 | Penarth - Home | 12:00-13:00 | 11 a-side |
| Under 15 | 10/12/2017 | Swansea - Away | 10:00-11:00 | 11 a-side |
| Under 15 | 21/01/2018 | Teigrod Tywi(Swansea) - Away | 11:00-12:00 | 11 a-side |
| Under 15 | 18/02/2018 | Teigrod Tywi(Swansea) - Away | 10:00-11:00 | 11 a-side |
| Under 15 | 04/03/2018 | Cup Qualification - Swansea | 10:00-17:00 | 11 a-side |
| Under 15 | 11/03/2018 | Whitchurch - Home | 11:00-12:00 | 11 a-side |
| Under 15 | 25/03/2018 | Swansea - Home | 11:00-12:00 | 11 a-side |
| U13/U15 BOYS | | | | |
| Friendly fixtures to be confirmed throughout the year (Fridays & Sundays) | | | | |

U18 GIRLS

Friendly fixtures to be confirmed throughout the year (Fridays & Sundays)